

# Southern Living

AUGUST 2011

## 42 SENSATIONAL SUMMER RECIPES!

ICE-CREAM DESSERTS,  
QUICK PRESERVES,  
OKRA & MORE

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Ever!

PAGE 116



**15**  
BARGAIN  
FAMILY  
ADVENTURES

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# Fabulous Air Fare

Forget fast food. These airport eateries prove you don't have to check your taste buds with your luggage

## Urban Taco

TEXAS: DALLAS/FORT WORTH INTERNATIONAL AIRPORT (DFW) TERMINAL C, GATE 22

A modern-Mexican take on the traditional taqueria, Urban Taco turns up the taste with super-fresh ingredients. Prized for its authenticity and made-from-scratch menu (with nary an ounce of Tex-Mex), this food-court find whips up homemade salsas (pineapple, tomatillo serrano, peanut habanero), soft tacos, and three-napkin tortas, such as the chile-rubbed pork al pastor.

### High-Flying Favorite:

Chicken tinga taco with adobo-spiked braised chicken, potatoes, queso fresco, and avocado-lime crema. [urban-taco.com](http://urban-taco.com) or 972/574-5766

## La Carreta

FLORIDA: MIAMI INTERNATIONAL AIRPORT (MIA) TERMINAL D, GATE 38

At 4 a.m. every morning, chefs at La Carreta, the cafeteria-style outpost of a Miami institution, start preparing Cuban favorites, or what general manager Juan Pena calls "Cuban comfort food." Try specialties like black bean soup and ropa vieja (shredded beef bathed in a tomato-Creole sauce).

### High-Flying Favorite:

Cuban coffee (a shot of espresso extracted directly into sugar and topped with foam) and a fresh, flaky guava-and-cream cheese pastry. [lacarreta.com](http://lacarreta.com) or 305/869-3003



Three fresh offerings from Urban Taco



The very un-airporty One Flew South




## Vino Volo

VIRGINIA: DULLES INTERNATIONAL AIRPORT (IAD) CONCOURSE C, GATE 3, AND CONCOURSE B, GATE 63

"Taste of Virginia" wine flights let you sample three wines from a rotating list of some of the state's 192 vineyards. The wines are complemented with meals or plates of cured meats and artisan cheeses. Vino Volo is post-security, so you can buy a bottle to take with you. Buy four or more and they'll ship the vino for free (depending on your state's liquor laws).

### High-Flying Favorite:

2009 Annefield Vineyards's Viognier. [vinovolo.com](http://vinovolo.com) or 703/996-8466 

## One Flew South

GEORGIA: HARTSFIELD-JACKSON ATLANTA INTERNATIONAL AIRPORT (ATL) CONCOURSE E, NEAR GATE E 26

Chef Duane Nutter, a proud member of the Southern Foodways Alliance, dishes up "Southernational" fare at the world's busiest airport. His menu, with global twists on regional favorites, reads like a roll call of Southern culinary rock stars: Benton's bacon, Sweet Grass Dairy cheese, Pappy Van Winkle's bourbon. Layover? Yes, please.

### High-Flying Favorite:

Thyme-roasted pork belly with blackberry-onion marmalade, black-eyed pea-and-arugula salad, and parsnip puree. [www.oneflewsouthatl.com](http://www.oneflewsouthatl.com) or 404/816-3464



BY CORY BORDON